

More Options...Gym Kids Age 3

Classes

Pre-Dance I	Ballet and Tap
Mini Comb	Ballet, Tap and Tumble

Events

Birthday Parties	Toddler Tiger Inflatable
Family Fun Night	October – May Saturday 6:30-7:30p.m. \$6 Members
Play Groups	All Ages Groups of 5 or more
Open workouts	Free to members

More Options...Gym Kids Ages 4-5

Classes

Pre-Dance II	Ballet and Tap
Mini Combo Dance	Ballet, Tap and Tumble Age 4
Cheer Tots	

Events

Birthday Parties	Toddler Tiger Inflatable
Birthday Parties	Gym Time Fun
Family Fun Night	October – May Saturday 6:30-7:30p.m. \$6 Members
Play Groups	All Ages Groups of 5 or more
Open workouts	Free to members

Camps

School's Out Camp	Ages 4 and up	Runs with Roscoe/Harlem's schedule
Summer Camps	Ages 4 and up	

More Options...Gymnastics Ages 6-up

Classes

Dance Classes: Ballet, Tap, Jazz, Hip Hop, Clogging

Karate Class

Tumbling Class

Cheer Class

Trampoline Class

Team Options available see front office for details.

Clinics

Cartwheel Clinic	No Prerequisite Required
Flip Flop Clinic	Handstand and Bridge Required
Aerial Cartwheel Clinic	Running Cartwheel and Round off Required
Back Tuck Clinic	RO, 3 Flip Flops Required
Twisting Clinic	RO, Flip Flop, and Layout Required
Bar Clinic	Working Bar Skills ...No Prerequisite Required

Events

Birthday Parties	Gym Time Fun		
Family Fun Night	October – May	Saturday 6:30-7:30p.m.	\$6 Members
Super Saturday	October – May	Saturday 7:30-9:30p.m.	\$10 Members
Play Groups	All Ages	Groups of 5 or more	
Open workouts	Free to members		

Camps

School's Out Camp	Ages 4 and up	Runs with Roscoe/Harlem's schedule
Summer Camps	Ages 4 and up	

More Options...Tumbling Ages 6-up

Classes

Dance Classes: Ballet, Tap, Jazz, Hip Hop, Clogging

Karate Class

Gymnastic Class

Cheer Class

Trampoline Class

Team Options available see front office for details.

Clinics

Cartwheel Clinic No Prerequisite Required

Flip Flop Clinic Handstand and Bridge Required

Aerial Cartwheel Clinic Running Cartwheel and Round off Required

Back Tuck Clinic RO, 3 Flip Flops Required

Twisting Clinic RO, Flip Flop, and Layout Required

Events

Birthday Parties Gym Time Fun

Family Fun Night October – May Saturday 6:30-7:30p.m. \$6 Members

Super Saturday October – May Saturday 7:30-9:30p.m. \$10 Members

Play Groups All Ages Groups of 5 or more

Open workouts Free to members

Camps

School's Out Camp Ages 4 and up Runs with Roscoe/Harlem's schedule

Summer Camps Ages 4 and up

More Options...Tumbling & Trampoline

Classes

Dance Classes: Ballet, Tap, Jazz, Hip Hop, Clogging

Karate Class

Gymnastic Class

Trampoline Class

Cheer Class

Team Options available see front office for details.

Clinics

Cartwheel Clinic No Prerequisite Required

Flip Flop Clinic Handstand and Bridge Required

Aerial Cartwheel Clinic Running Cartwheel and Round off Required

Events

Birthday Parties Gym Time Fun

Family Fun Night October – May Saturday 6:30-7:30p.m. \$6 Members

Super Saturday October – May Saturday 7:30-9:30p.m. \$10 Members

Play Groups All Ages Groups of 5 or more

Open workouts Free to members

Camps

School's Out Camp Ages 4 and up Runs with Roscoe/Harlem's schedule

Summer Camps Ages 4 and up

More Options...Boys

Classes

Karate Class

Gymnastic Class

Tumbling Class

Trampoline Class

Cheer Class

Dance Classes: Ballet, Tap, Jazz, Hip Hop, Clogging

Team Options available see front office for details.

Clinics

Cartwheel Clinic

No Prerequisite Required

Flip Flop Clinic

Handstand and Bridge Required

Events

Birthday Parties

Gym Time Fun

Family Fun Night

October – May

Saturday 6:30-7:30p.m. \$6 Members

Super Saturday

October – May

Saturday 7:30-9:30p.m. \$10 Members

Play Groups

All Ages

Groups of 5 or more

Open workouts

Free to members

Camps

School's Out Camp

Ages 4 and up

Runs with Roscoe/Harlem's schedule

Summer Camps

Ages 4 and up

More Options...Trampoline

Classes

Karate Class

Gymnastic Class

Tumbling Class

Cheer Class

Dance Classes: Ballet, Tap, Jazz, Hip Hop, Clogging

Team Options available see front office for details.

Clinics

Cartwheel Clinic

No Prerequisite Required

Flip Flop Clinic

Handstand and Bridge Required

Events

Birthday Parties

Gym Time Fun

Family Fun Night

October – May

Saturday 6:30-7:30p.m. \$6 Members

Super Saturday

October – May

Saturday 7:30-9:30p.m. \$10 Members

Play Groups

All Ages

Groups of 5 or more

Open workouts

Free to members

Camps

School's Out Camp

Ages 4 and up

Runs with Roscoe/Harlem's schedule

Summer Camps

Ages 4 and up