

More Options...Gymnastics Ages 6-up

Classes

Dance Classes: Ballet, Tap, Jazz, Hip Hop, Clogging

Karate Class

Tumbling Class

Cheer Class

Trampoline Class

Team Options available see front office for details.

Clinics

Cartwheel Clinic

No Prerequisite Required

Flip Flop Clinic

Handstand and Bridge Required

Aerial Cartwheel Clinic

Running Cartwheel and Round off Required

Back Tuck Clinic

RO, 3 Flip Flops Required

Twisting Clinic

RO, Flip Flop, and Layout Required

Bar Clinic

Working Bar Skills ...No Prerequisite Required

Events

Birthday Parties

Gym Time Fun

Family Fun Night

October – May

Saturday 6:30-7:30p.m.

\$6 Members

Super Saturday

October – May

Saturday 7:30-9:30p.m.

\$10 Members

Play Groups

All Ages / 1 Hour

Groups of 5 or more

\$6 Members

Open workouts

Free to members

Camps

School's Out Camp

Ages 4 and up

Runs with Roscoe/Harlem's schedule

Summer Camps

Ages 4 and up